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Once again the residents were delighted to see the baby animals when the farm came to visit Rosevale Court.

Due to popularity, the baby animal farm is a regular item on the Diversional Therapist's agenda for activities. Activities are scheduled months in advance.



The Diversional Therapist team hold planning meetings at which time any new suggestions for activities are investigated, all residents are welcome to attend these meeting to give suggestions, if you have an idea for a special activity contact our Diversional Therapy Team with the details,

*they would love to hear from you!*

## Residents Planning Meeting



A residents planning meeting was held on 18th May 2011 and the following was

discussed:

**Volleyball Net**—There was a suggestion that a volleyball net be purchased and used by residents to provide an additional activity. This volleyball net has been ordered and will be erected in the rose room to provide an additional source of exercise for the residents.

**Outings**—It was suggested that we organise outings to both the Westlake Chinese Restaurant (popular outing for residents lunch) and the Redlands Museum. Diversional Therapist to organise.

## Coffee Court

Don't forget that every Tuesday the Coffee Court is open to serve you coffee and treats. Come along and bring your family and friends to a relaxing morning tea under the shade of the Banksia undercover area.

## Mens Group

The Circle of Men meet weekly, these guys (volunteers) drop in to Rosevale Court and provide a wonderful social activity for our male residents.

The Circle of Men program has become a vital part of the social male bonding that our male residents so need. They talk about old times, they sing all the old songs and from time to time they go on day trips.

## Freedom to Practice Religious/Cultural Customs

Residents of Rosevale Court are encouraged and assisted to practice their religious and/or cultural customs, provided that the rights of others are not affected.

Dietary and ritual needs will be catered for as determined by consultation with the resident

Residents have access to the Clergy of their choice or may attend the regular Church groups as desired.

Residents may attend their community church as desired and staff will assist where necessary.

Religious festivals, special days, family traditions and family customs will be respected.

Residents who do not speak English will be assisted to retain their cultural links and language through contact with family, friends and community, e.g. interpreters.

The use of interpreters may be necessary to identify needs and ensure that those needs are met.

## Security of Residents Belongings

We are committed to ensuring that all residents' possessions are safe and secure. Rosevale Court does not take responsibility for residents' possessions but will take all care to ensure that the environment is safe and secure. Secure facilities in the Residents rooms are available.

## Smoking

This facility respects the rights of all residents and staff to freedom of choice. However, in the interests of safety and in keeping with the current health standards, smoking is not permitted inside the facility.

Ashtrays must be used at all times

In the interest of safety and comfort of residents, staff will retain all lighters and cigarettes of confused residents and smoking must be supervised.



## A Word From Our Recreation Team

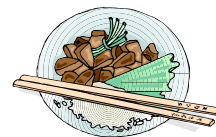
Here at **Rosevale Court** we strive to design and provide a holistic Lifestyle Program for our Residents. That is to say, a program for the mind, body and soul. Our Autumn program was no exception and included something for everyone. Our wonderful Circle of Men volunteers continue to visit every Wednesday at 10.00am and we have it on good authority that this is something that the gents of Rosevale Court really look forward to each week. For the ladies, Paula's weekly knitting group is a favoured feature of our program as is our weekly art and craft where we share conversation and a laugh or two over afternoon tea. Over the last few months we have enjoyed a variety of entertainment including Magic Shows, Soprano Singers, Ballroom Dancing, Instrumental Performances, Line Dancing and of course, our Music with Les. Through Autumn the Residents of Rosevale also ventured out to various venues for morning tea and lunch. The coach trip to Crockatt Park proved to be a fun occasion for all. Several important occasions were also celebrated throughout the past few months. March was about all things Irish with St Patrick's Day on our calendar and April saw us celebrate Easter, made merrier by the annual Easter Egg contribution from Faith Lutheran College. We also observed and remembered our ANZAC's with a moving memorial service. In May we celebrated Mother's Day with a Ladies Pamper Morning Tea. The ladies of Rosevale received chocolate roses, hand massages and fresh scones to enjoy. This occasion would not have been made possible without the assistance of our wonderful and generous team of volunteers. Thank you ladies. Another highlight for May was the return of the Baby Animal Farm which was thoroughly enjoyed. There's just something about holding and patting a little week old guinea pig and feeding the horses and goats. We hope to see our furry and feathery friends again soon, perhaps in August. Speaking of the coming months, we again have many

wonderful events planned. In early June we have a Wildlife Speaker coming from Indigiscapes at Capalaba which should be quite



interesting and an outing to a Chinese Restaurant for Lunch on Thursday, 9<sup>th</sup>. As always, book in early for this outing. Other outings, to be confirmed, include morning tea at Indigiscapes Capalaba, and a trip to Redlands Museum. Dates and times for these outings and others will appear in the coming months on our July and August program. Our entertainment remains exciting and varied including Music with Wilma, Joy Darmody, Dr Jeff and Miss Georgie, Classics by Caroline, Vintage Voices and the Russ Leigh Duo. One of our very favourites, Nathaniel Ford will be performing for us in July and again at the end of August to coincide with National Seniors Week. We have these events and many more enjoyable and fulfilling activities planned in the coming months so please see our Calendar of Events included with this Newsletter and our monthly programs for more details. As always, we would like to express our sincere gratitude to the many wonderful volunteers that give their hearts and their time at Rosevale Court. Please stay safe and remember "Every Day is a New Day". From the D.T. Team Wendy, Julie, Andria and Jenny.

### EVENT REMINDER



**Where:** Chinese Lunch at Cleveland  
**When:** 9th June 2011  
**Be in the Foyer by:** 11am  
**Book:** With DT's ASAP



# Congratulations



## Employee of the Month

February 2011 — Michelle Gray

AIN

Written about Michelle: “her residents are 100% first”, “communication between fellow workers is exceptional, as is her work ethic and standard of work”.



March 2011— Julie O’Brien

Cleaner

Written about Julie: “she is always friendly to everyone”, “she makes staff and residents feel like she really cares”, “what a valuable employee”, “happy friendly person with a sense of humour”.



April 2011— Nicole Stoddard

AIN

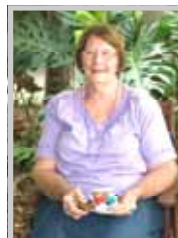
Written about Nicole: “very hard worker”, “she is very pleasant and soft with the residents”.



Each week we receive many nominations from both staff and residents, each winner is judged on the number of nominations and the merits on which the nomination is lodged. If you have lodged nominations that have been unsuccessful to-date don’t despair previous nominations are considered...so keep them coming!

## Talented Artist Amongst Us

Many of you may not know this but we have a real artist amongst us, Margaret Muller in Jacaranda. Margaret has always had a passion for art but has only recently put paint to canvas. The painting featured in this article is one of Margaret’s latest pieces of work. Margaret has a humble opinion of her work, but feels proud when people make positive comments on her paintings. Recently Margaret visited the Scott Christensen Art Gallery in Cleveland and was so passionate about Scott’s



amazing artwork she decided to share his work with the rest of Rosevale Court by donating one of Scott’s wonderful paintings for the Rose Room. For that Margaret we all Thank You!



# Happy Birthday



## June

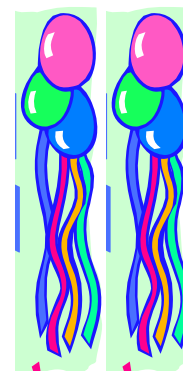
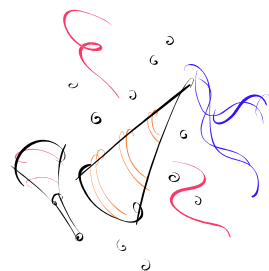
LUBA DENISENKO	5th
EVELYN SCHOFIELD	8th
JUNE HUNTER	11th
BARBARA KEAY	23rd

## July

DOROTHY MACKAY	2nd
LILIAN TUTCHER	3rd
PENELOPE PRIMROSE	8th
ESTELLE COX	9th
PATRICIA CHARLES	11th
THELMA HOLYOAK	15th
KATHLEEN DIGBY	16th
JOAN WALCOT	16th
MARGARET HARRIS	19th
SHIRLEY BLACK	20th
DAVID SMITH	20th
ROBYN GUNN	25th
MARGARET MULLER	28th
HAROLD ROLLASON	29th
GREVILLE BLAIR	31st

## August

DOROTHY ANDERSON	1st
DOROTHY GREENWOOD	2nd
FLORENCE POTTER	3rd
YVONNE ALLEN	6th
HARRY STAPLETON	9th
HEATHERBELL STREET	10th
VALDA FURLONG	13th
GWENDOLINE JURY	14th
MARSHALL DANIEL	19th
EDITH WATSON	20th
MAVIS NICHOLS	24th
HAZEL BODSWORTH	25th
SHIRLEY ARCHBOLD	26th





## A Word From Our Nurse Manager



Welcome to the “cold” season.

With all the rain recently the suburban gardens and lawns are beautifully rich and green.

The staff here at Rosevale Court are educated monthly on all aspects of care to keep their knowledge contemporary and new. They attend lectures here at Rosevale and externally to ensure our residents’ care is optimal at all times.

Remember, if you or your loved one have any questions relating to any aspects of care, please discuss with the Registered Nurse on your wing, or myself. We require your input to indentify faults and improve where necessary.

Finally, remain warm and well through winter.

All visitors are advised to NOT visit if they are showing “flu like symptoms”, the reason is, we do not want the bugs to spread. Practise appropriate hygiene, (cover your mouth and nose when you cough or sneeze, use tissues and dispose of these appropriately and finally and most importantly

### **WASH YOUR HANDS**

on entering and leaving the facility.

PS. I will be a grandma for the THIRD time in June, update next newsletter.

*Paula Gilby - Nurse Manager*

## Woollens Policy

Please remember that woollens must not be sent to the laundry. Our industrial washing machines are set to wash up to 90° heat and dryers 85°, as per the Australian Standards, therefore as you can imagine when woollens are inadvertently placed in these machines the size of the woollen article is reduced to a size that could only be worn by a baby.

It is suggested that relatives take woollens home to be washed or replace garments that are able to withstand the laundry process.



## Lost Laundry Days

Don't forget to come to the Rose Room for Lost Laundry Day on the dates below.

### June

Wednesday **2nd** 10.30am

### July

Wednesday **6th** 10.30am

### August

Wednesday **4th** 10.30am

Also Lost Laundry will be displayed every Friday, during Bingo, in the Rose Room.



## Photo Album



Faith delivers Easter Eggs to Rosevale Residents



Anzac Day in the Rose Room



Outing to Crockatt Park



Mothers Day in Wisteria



The Baby Animals visit Rosevale Court

## The Importance of Infection Control



An understanding of infection control is essential in all health-care settings, to provide a safe environment for residents and staff. In the aged care environment this is especially so, in order to meet the required Standards.

We are all at risk of acquiring infections. Every hour of every day we come into contact with potentially harmful microorganisms: on the hand we shake in friendship, from the coffee cup at work, or even in the potting mix we open in the garden.

It is the responsibility of Rosevale Court to provide a safe environment for workers and residents by reducing the risk of transmission of infection. We must all comply with relevant Infection Control guidelines to improve care.

### *What happens when there is a risk of infection?*

If residents or staff are experiencing the same illnesses, we consider this to be a risk of infection and standard precautions are taken.

**Remember to always *WASH YOUR HANDS***

## Flu Prevention

### **Wash, Wipe, Cover ... Don't infect another**

Two ways to prevent the flu:

1. Flu vaccination
2. Good hygiene



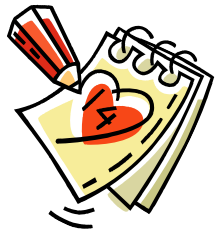
Winter is the time of year for lots of nasty bugs – especially the flu.

The facts are that this winter more than 80,000 people across Australia will seek medical attention as a result of influenza. A further 15,000 will require hospitalisation.

Influenza is a serious disease and is not the same as a common cold. It is highly contagious and generally occurs each year from May to September. For some people, such as the elderly and those with underlying medical conditions, the flu can cause serious complications.

That is why understanding the facts about flu and what you and your family can do to protect yourself is important.

## Calendar of Events



### June

- |     |                           |      |                          |
|-----|---------------------------|------|--------------------------|
| 2nd | Gifts Galore              | 14th | Joy Darmody Concert      |
| 2nd | Wildlife Explorer         | 20th | Magnetic Jewellery       |
| 6th | Music with Wilma Concert  | 21st | Music with Amber Concert |
| 7th | Music with Ross Concert   | 27th | Swing EZY Concert        |
| 9th | Chinese Restaurant Outing |      |                          |

### July

- |      |                        |      |                  |
|------|------------------------|------|------------------|
| 4th  | Dr Jeff & Miss Georgie | 18th | Musical Memories |
| 5th  | Mark Davidson          | 22nd | Music with Les   |
| 12th | Greg Hunt              | 26th | 2 EZY concert    |
| 13th | Classics by Caroline   | 28th | Vintage Voices   |
| 15th | Music with McKenzies   |      |                  |
| 16th | Nathaniel Ford Concert |      |                  |



### August

- |      |                        |      |                |
|------|------------------------|------|----------------|
| 4th  | Donald Simpson Singers | 16th | Top Note       |
| 5th  | Music with Les         | 23rd | Russ Leigh Duo |
| 8th  | Belles & Beaux         | 29th | Swing EZY      |
| 11th | J & B Fashion          |      |                |
| 15th | Nathaniel Ford Concert |      |                |
| 15th | Seniors Week BBQ       |      |                |



*Please Note: While all efforts are made to ensure our events are scheduled as above, from time to time the above dates may change, therefore all events should be confirmed closer to the time.*

### Church Services

<b>Baptist Church Service</b>	<b>Second Tuesday of Every Month</b>	<b>10.30am</b>
<b>Catholic Mass</b>	<b>Wednesday Once A Month</b>	<b>09.00am</b>
<b>Anglican Church</b>	<b>One Tuesday of Every Month (none December)</b>	<b>10.30am</b>
<b>Catholic Communion</b>	<b>Monthly</b>	<b>09.30am</b>
<b>Uniting Church</b>	<b>First Monday of Every Month</b>	<b>09.15am</b>

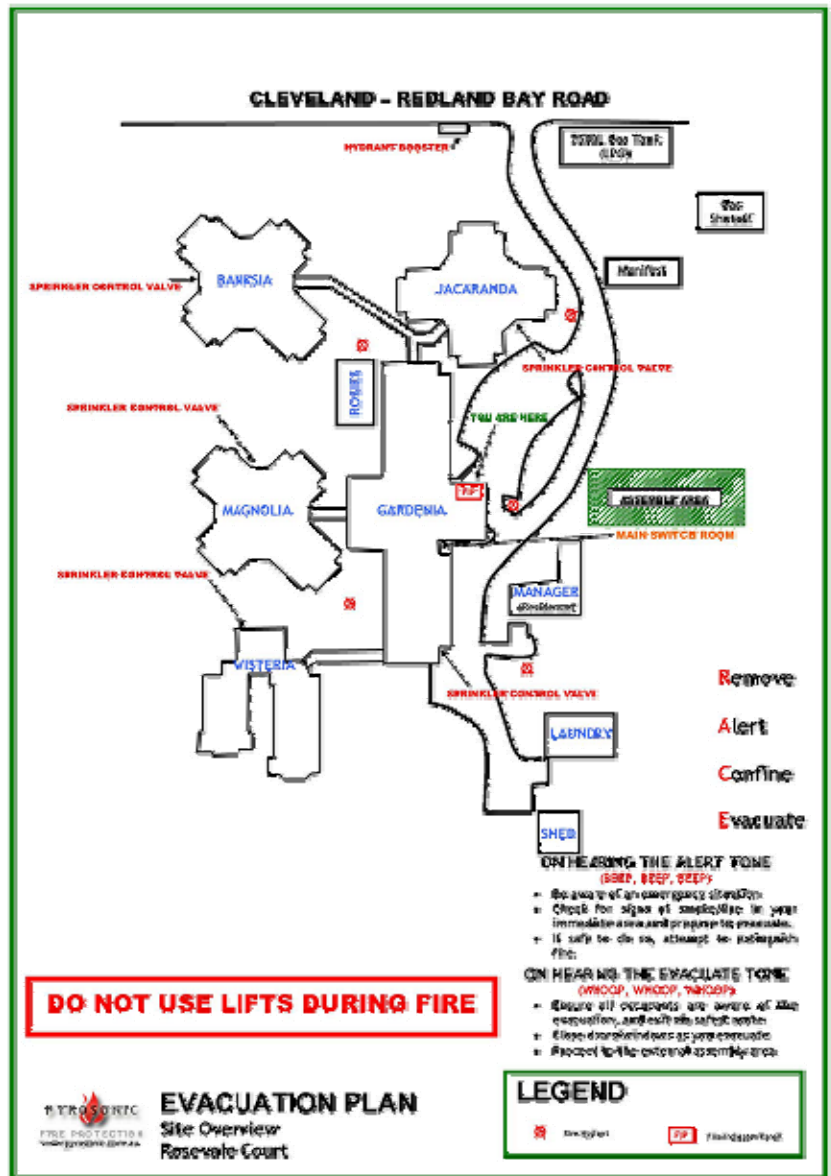
# HEALTH & SAFETY RESPONSIBILITIES OF RESIDENTS AND THEIR FAMILIES

Rosevale Court provides residents with a supportive home environment aimed at enabling residents to lead a full, and even risk-taking, lifestyle. However, the rights of residents to a home-like environment and the choice to take some personal risk shall not place employees or other residents at risk of injury or ill health.

To help ensure a healthy and safe environment for all, families and residents should:

1. Contribute their ideas and viewpoints on WPH & S issues at Residents' Meetings
2. Appreciate that all our procedures and tasks are designed with the wellbeing of both employees and residents in mind
3. Acquaint themselves, and comply with the requirements of the Rosevale Court emergency evacuation plan and any safety rules
4. Acknowledge that from time to time some activities and routines may be organised to take into account the safe work procedures of employees
5. Acknowledge that all employees have the right to a healthy and safe working life

# Evacuation Plan



6. and therefore should not be expected to place themselves at risk of injury in their day-to-day work
6. Appreciate that WPH & S considerations may mean that not all requests for services can be accommodated immediately or as expected or preferred
7. Seek advice from the employees on the WPH & S implications of the design of clothing, appliances or other personal possessions prior to bringing such items into Rosevale Court.

Rosevale Court

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